



National Nutrient Database for Standard Reference  
Release 28 slightly revised May, 2016

Statistics Report 09517, Apple juice, canned or bottled, unsweetened, with added ascorbic acid, calcium, and potassium

Report Date: July 01, 2017 10:27 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water <sup>1</sup>	g	87.92	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Energy	kcal	48	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Energy	kJ	201	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Protein <sup>1</sup>	g	0.12	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Total lipid (fat) <sup>1</sup>	g	0.17	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Ash <sup>1</sup>	g	0.31	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Carbohydrate, by difference	g	11.49	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fiber, total dietary <sup>1</sup>	g	0.3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Sugars, total <sup>1</sup>	g	9.47	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose <a href="#">1</a>	g	1.20	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Glucose (dextrose) <a href="#">1</a>	g	2.57	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Fructose <a href="#">1</a>	g	5.70	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Lactose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Maltose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Galactose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
<b>Minerals</b>													
Calcium, Ca <a href="#">1</a>	mg	70	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Iron, Fe <a href="#">1</a>	mg	0.13	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Magnesium, Mg <a href="#">1</a>	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Phosphorus, P <a href="#">1</a>	mg	9	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K	mg	184	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014
Sodium, Na <sup>1</sup>	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Zinc, Zn <sup>1</sup>	mg	0.04	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Copper, Cu <sup>1</sup>	mg	0.010	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Manganese, Mn <sup>1</sup>	mg	0.035	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	30.3	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014
Thiamin <sup>1</sup>	mg	0.004	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Riboflavin <sup>1</sup>	mg	0.015	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Niacin <sup>1</sup>	mg	0.067	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid <a href="#">1</a>	mg	0.049	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamin B-6 <a href="#">1</a>	mg	0.018	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, total <a href="#">1</a>	μg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folic acid <a href="#">1</a>	μg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, food <a href="#">1</a>	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, DFE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Choline, total <a href="#">1</a>	mg	1.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Betaine <a href="#">1</a>	mg	0.1	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Carotene, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin A, IU	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Lutein + zeaxanthin	µg	16	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin E (alpha-tocopherol)	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
<b>Lipids</b>													
Fatty acids, total saturated	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
14:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
16:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:0	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total monounsaturated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:1 undifferentiated	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Fatty acids, total polyunsaturated	g	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:2 undifferentiated	g	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:3 undifferentiated	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015

**Sources of Data**<sup>1</sup>Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 6f, 2002 Beltsville MD